



### **Who is Accessible Housing?**

Accessible Housing is a non-profit organization and registered charity with a mandate to open doors to homes that are accessible and affordable for people with limited mobility. Through our outreach and residential programs, we provide housing and personal support so that everyone can have a home, belong and participate in our community. Learn more at <http://accessiblehousing.ca/vision-mission-values/>

### **What is Inclusio?**

Inclusio is a fully accessible, supportive living home for adults with limited mobility who require some assistance with activities of daily living, value autonomy and independence, and are motivated to participate in shared community activities.

Located in the community of Capitol Hill in Calgary, Alberta, Inclusio features 45 studio suites, shared common spaces on each floor, a dining hall as well as patios boasting beautiful views of Confederation Park. The building is safe and modern, featuring concrete construction, whole-building Wi-Fi, cable TV, smart technology for building access and suite functions, as well as emergency alert systems.

Residents at Inclusio have access to a variety of supports for activities of daily living, such as health care aides and case management services. Inclusio is also affordable housing, meaning all residents earn less than \$46,000 in annual income.

### **What supports are provided at Inclusio?**

Inclusio is a supportive living facility where you can get the help you need when you need it, but where you are encouraged to be independent in the ways you are able to, when you are able to.

For some residents, this means they only occasionally need assistance with activities of daily life when they are having a bad day in terms of their health

condition; for other residents, it means regular assistance to get ready for the day after which they are independent and active until the evening.

Inclusio provides a wide range of support that is flexible, client-centered, and client-directed. Care services are provided through a blend of Alberta Health Services Home Care, and Accessible Housing's Resident Support staff. Home Care provides routine, scheduled care, such as morning and evening routines (bathing, dressing, grooming, etc.) while Accessible Housing staff are available for unscheduled care needs arising from unplanned outings, late returns, accidents, overnight care and emergency calls.

Other available supports at Inclusio include:

- Case management supports, for which resident participation in reviewing care plans and individualized support plans will be required.
- Recreational Activities supports, in which residents will be involved with planning and coordinating.

### **How much does it cost to live at Inclusio?**

The accommodation charge at Inclusio is based on a 'rent-geared-to-income' (RGI) model calculated at 70% of total individual income, less all applicable taxes and payroll deductions for employment income where applicable, subject to a minimum accommodation charge of 70% of AISH.

Total individual income is defined as current, regular income earned from a variety of sources including employment, social assistance, monthly insurance payments, Canada pension plan, AISH, old age benefits, income security benefits, investment income, etc.

All residents at Inclusio have their income assessed, and individuals with higher incomes pay higher accommodation charges while individuals with lower incomes pay lower accommodation charges.

The accommodation charge covers:

1. The rental of an unfurnished suite with a private washroom and kitchenette

2. Access to the variety of services and supports provided at Inclusio, which include:
- Dining services - breakfast, lunch, dinner and snacks
  - Basic utilities (water, electricity and gas.)
  - Basic cable TV and Wi-Fi
  - Basic household supplies including hand soap, dish detergent, toilet paper, paper towel, laundry detergent, and vinyl gloves for care
  - 24/7 care delivered by Accessible Housing staff and Home Care staff
  - Case management supports
  - Recreational activities supports

The accommodation charge does not cover the cost of Parkade Parking

### **How do I qualify to live at Inclusio? What are the eligibility criteria to live at Inclusio?**

The following are the eligibility criteria for living at Inclusio.

Residents at Inclusio:

**Age:** Are over the age of 18

**Income:** Earn less than \$46,000 in annual gross individual income.

**Living in Community:**

- Are interested in living in a congregate living environment.
- Are respectful in their interaction with other residents and staff
- Participate in regularly reviews of service plans, assessments and care plans

**Ability**

- Have limited mobility due to a permanent, congenital or acquired physical disability.
- Regularly and independently use a mobility aid prescribed by a healthcare practitioner
- Do not have a history of falls leading to significant injuries, that cannot be managed on an ongoing basis

**Health**

- Are medically stable, meaning that any medical interventions can be managed with daytime visits, regular appointments or scheduled hospital visits

- Have no significant memory / cognitive impairment (Dementia, Alzheimer's )
- Do not require regular nursing interventions (i.e. PICC lines, IVs, complex wound care).
- Do not experience seizures
- Do not have significant swallowing problems which would pose a choking risk or require a modified diet (i.e. thickened fluids or puree)
- Have a physician or nurse practitioner

### **Supports**

- Require some degree of support around activities of daily living (bathing, toileting, clothing, grooming, meal assistance) and personal care assistance
- Are willing and able to direct their own support services including giving directions to care staff
- Can manage their own medication with or without functional assistance
- Take responsibility to ensure they receive proper medical care as required and all medical recommendations are followed

### **Can I live with my family, spouse, or pet at Inclusio?**

Unfortunately, no. Inclusio is designed to serve single adults, and is not suitable for couples or families with children. Duly qualified and licensed service dogs can live at Inclusio, however pets are not allowed to live at Inclusio; exceptions may be made for visiting pets.

### **Is there parking at Inclusio?**

There are six accessible parking stalls in the Inclusio parkade. These stalls are available to residents for a fee and after a qualification process. Residents who wish to rent a parking stall must own their vehicles and use them on a regular basis. Priority may be given to residents who use their vehicles for the purpose of employment, volunteering or school.

### **Is Inclusio operated by Alberta Health Services?**

Inclusio is owned and operated by Accessible Housing, a non-profit organization. It is not part of Alberta Health Services, it is not designated supportive living or long-term care, and it is neither run nor funded by AHS. Scheduled care supports at Inclusio are provided by Home Care, which is a service for Albertans funded by AHS.

### **Is there a waiting list for Inclusio?**

Yes, Inclusio utilizes a waitlist system. The Inclusio waitlist consists of applicants who have completed the entire application process and are waiting for an offer of residency pending suite availability in the building.

### **What if I don't qualify to live at Inclusio?**

For individuals who are not able to live at Inclusio, but may benefit from similar housing and supports, the following resources may be helpful:

- Accessing [Alberta Health Services' continuing care system](#) may also be of service, as they place residents in other supportive living facilities
- Accessible Housing's [Housing Registry](#), which lists various homes for rent and for purchase that feature accessible layouts or features
- You can find information about modifications to your own home at [accessibleuniversity.com](http://accessibleuniversity.com), including information about funding resources and contractors to hire